



GLLAM 2022

General Meet Conditions

UNLICENSED

1. MEET ADMINISTRATION

- 1.1. **Meet Promoter:** Stephen Clark (stephen.clark@london2023.org)
- 1.2. **Meet Administrator:** Richard Walton (richard@outtoswim.org)
- 1.3. **Lead Referee:** Jeanette Edmiston (swimsecretary@middlesexswimming.com)
- 1.4. The competition will be held under Swim England laws and technical rules of swimming. This event is unlicensed.
- 1.5. The closing deadline for entries and full payment for events is 10pm on 26th August 2022.
- 1.6. The meet will take place at the London Aquatics Centre on Saturday 10 September 2022. The pool is a 10 lane, 50 metre facility fully equipped with electronic timing, display board and anti-wave ropes. Limited parking is available. The closest tube station is Stratford.
- 1.7. Officials will be qualified or in-training officials registered with Swim England. Attending clubs are asked to provide one licensed official to assist with the running of the event. Each club entering six or more swimmers are asked to supply at least two officials. If we are unable to fulfil the required number of qualified officials the meet may run with fewer lanes or be cancelled. Please email officials@outtoswim.org with details of any official or trainee who is available.

2. GENERAL CONDITIONS

- 2.1. This Open Masters and Senior Age Group Meet shall include multi-classification events and be conducted Long Course under Swim England Laws, Regulations and Technical Rules of Swimming, the relevant World Para Swimming Rules and these Promoter's Conditions.
- 2.2. The event conditions may be revised in response to guidelines from the Operator, Government and Public Health England related to COVID-19 and sporting competitions. The event itself may be operated under an agreed COVID mitigation plan which all participants will be required to agree to as part of an opt in to the meet.
- 2.3. In the interest of safety, to keep the event within the available time booked at the hosting facility and to ensure the smooth running of the Meet, Out to Swim reserves the right to restrict the number of entries in any given event. In all cases a first come, first served policy is in operation for each event.
- 2.4. With the specific exception of official photographers appointed by Out to Swim, flash photography is prohibited at all times during the Meet.
- 2.5. A continuous swim down facility may be available in the diving pit, adjacent to the main competition pool. Coaches are responsible for supervising their swimmers when using this facility.
- 2.6. No persons, unless officials, staff, coaches or team managers displaying a valid pass, shall be allowed on poolside.
- 2.7. Competitors are advised not to leave their belongings unattended and to ensure that valuables are placed in a secure locker or deposited with someone for safe keeping. Neither Out to Swim nor the pool management will be held responsible for property that is damaged, lost or stolen.

3. DATA PROTECTION

- 3.1. We will process personal data submitted by the swimmer or their club in accordance with the current Privacy Notice published by Out to Swim¹. With respect to this meet we will process personal data for the legitimate purpose of running the gala. The items of personal data processed are name, Swim England number, date of birth, sex, and para-swimming classification if applicable. During the gala we will process name, sex and competition age in reports for the legitimate purpose of running the gala efficiently. At the end of the gala, we will process name, sex, Swim England number and date of birth in the electronic submission made to British Rankings. We may also share the full results of the meet, excluding the dates of birth of swimmers, with the competition secretaries of those clubs taking part.
- 3.2. After the gala the personal data processed will be stored securely in both document and electronic formats for 12 months and then erased. This period of storage permits the accurate response to enquiries about the gala and provides statistical information for the purpose of designing the following year's gala. No personal data will remain on any electronic timing systems used to run the gala. You have the right to have your personal data erased from our systems if you have withdrawn from the gala. You also have the right to object to the processing of your personal data. In both cases, please make your request to the promoter.

4. ELIGIBILITY FOR ENTRY

- 4.1. Swimmers must be registered with Swim England as "Club Compete" (Cat. 2) competitor.
- 4.2. International competitors are welcome at GLLAM. By signing up you are confirming that:
 - 4.2.1. Your home nation has granted you permission or a permit to compete abroad
 - 4.2.2. You have taken out sufficient insurance to cover you in the event of an accident, illness or incident. You understand that you are not covered by Swim England insurance.
 - 4.2.3. You have completed a risk assessment and will inform the meet administrator (richard@outtoswim.org) if you require any measures to enable you to compete safely.
- 4.3. UK Swimmers not registered with a Club can use the ASA Temporary Membership scheme, see; [Swim England Temporary Membership - Swim England Membership](http://swimming.org) (swimming.org) for details.
- 4.4. A competitor must be a registered member of the club in whose name they are entered at the closing date. A competitor may only compete for one Club in the competition.
- 4.5. All para swimming competitors must have an authorised IPC Swimming, British Swimming, INAS-FID or British Blind Sport classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.
 - 4.5.1. Competitors with no para swimming classification who require an exception to the rules must be in possession of a valid Certificate of Exception and this must be presented to the referee prior to the start of the relevant session.
- 4.6. All events have upper cut-off times.
- 4.7. Competitors must have equalled or bettered the upper cut-off times. This can be timed by a coach or from a previous event at any level including unlicensed events.
- 4.8. By submitting an entry to this Meet, a competitor attests to the fitness and ability of the competitor to complete the event without foreseeable injury or incident and without causing delay to the event schedule.

5. AGE AND GENDER CRITERIA

- 5.1. Age Groups swum in the meet will be:
 - 5.1.1. Seniors: 18-24 (years old)
 - 5.1.2. Masters: 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; 100-104; 105-109 and so on at 5-year increments as necessary.
- 5.2. Combined age relay teams permitted in the meet will be:

¹ outtoswim.org/privacy

5.2.1. 100–119 (years old); 120–159; 160–199; 200–239; 240–279, 280–319; 320–359.

5.3. A swimmer's age shall be determined as at midnight on 31st December 2022 except “seniors” who should have achieved their 18th birthday on or before the day of competition.

5.4. GLLAM actively welcomes swimmers of all sexual and gender identities. The competition is open and transparent to trans, non-binary, lesbian and gay athletes and their allies. Entrants may specify their competition gender. Medals will be awarded for each of three categories: male, female, open/non-binary. Results uploaded to Swim England or your relevant FINA association will be reported based on the sex registered with your governing body.

6. EVENTS

6.1. There will be team and individual events as set out in the Schedule of Events document that accompanies these conditions.

6.2. All heats will be swum by entry time, incorporating swimmers of all genders.

6.3. All events will be Heat Declared Winners.

6.4. Over the top starts will be used for all events except backstroke, though this is at the referee's discretion.

6.5. Swimmers must leave the pool using the steps at the side of the pool and must not climb over the electronic timing pads at the end of each lane.

6.6. A secondary strobe for deaf swimmers (S15) will be available.

7. ENTRY FEES

7.1. The individual entry fee for each event shall be £15.00; and

7.2. The team entry fee for all relays shall be £25.00.

7.3. A non-refundable booking fee of £1.50 will be payable on all entries.

7.4. Full payment for entries submitted must be made at the point of entry.

7.5. Refunds will not be considered with the specific exception where Clause 2.3 has been exercised.

8. ENTRY PROCEDURE

8.1. The full event schedule is attached to these conditions.

8.2. Individuals are to log on to <https://swimming.events/meets/225> and enter each race, paying the requisite fee at the point of booking.

8.3. Entries will only be valid with an entry time. Entry times submitted should be those achieved in a 50m pool. Converted short course times will be accepted providing they have been converted using Swim England Equivalent Performance Tables.

8.4. Events are offered on a first come, first served basis. All entries must be submitted by 10pm on 26th August 2022.

9. MEET PROCEDURE

9.1. All events shall be heat declared winner.

9.2. Competitors whose entries have been accepted will be expected to swim unless they have complied with the withdrawal procedures.

9.3. Start sheets for the heats will be posted on-line and will not be provided at the meet.

10. ARRIVAL AND WITHDRAWAL SYSTEM

10.1. All competitors will be required to check in at the withdrawal desk on arrival and confirm their final meet programme.

10.2. All Relay teams must be checked in by the team manager upon arrival.

10.3. Competitors (or their representatives) who are not intending to swim must inform the meet administrator. Withdrawals can be submitted:

10.3.1. By email to richard@outtoswim.org - up to 9am on Friday 9th September 2022 (the day before the start of the competition); or,

10.3.2. At the Withdrawals table at the pool by completing an official withdrawal form no later than 50 minutes before the advertised starting time of the first event in each session.

11. MARSHALLING

- 11.1. It is the competitor's responsibility to report to the Competition Stewards in the designated Marshalling area in good time for your event. Heat start lists for each event will be posted on-line before each session starts and it is the competitor's responsibility to ensure their name appears on the list prior to the start time of the session.
- 11.2. Upon entry to the Marshalling area, the competitor must ensure that they report to a Steward and be registered as being present. Competitors must follow the directions of the Competition Stewards at all times.
- 11.3. All competitors must enter the Marshalling area 'race ready' as under normal circumstances having entered the Marshalling area they should remain in its confines until directed onto the pool deck for their race.
- 11.4. Coaches/chaperones will not be allowed in the Marshalling area at any time.

12. COACHES, CHAPERONES AND PERSONAL CARE ATTENDANTS

- 12.1. All coaches, chaperones and personal care attendants who wish to be on deck/poolside during the event must have a valid pass.
- 12.2. Passes are available from the registration app for the event at a cost of £5. Payment will be taken at the point of booking the pass.
- 12.3. Personal care attendants are only permitted for para swimming competitors where assistance is permitted on their code of exceptions. Such attendants will be excluded from any restrictions and will be given the same accreditation as the competitor for whom they have personal care responsibilities.

13. RESULTS AND AWARDS

- 13.1. Competitor's times will be computer processed. These results will then be displayed both on poolside and online. Following the meet, all results will be sent to Swim England to be included on their Masters rankings list.
- 13.2. The first, second and third fastest swimmers in each age category (see condition 5.1) in each event shall be awarded medals.
 - 13.2.1. There shall be no official presentation of medals. Medals will be available for personal collection from the Presentation Desk subsequent to the publishing of the official results for each event.
 - 13.2.2. An "Award-Winner's Photo Stand" will be available for winners to take a personal photo with their medal
 - 13.2.3. Medals not collected during the meet will not be made available subsequent to the meet.
- 13.3. Medals for para swimmers will be awarded on a multi-classification basis and will be allocated to the top three BPS points scorers in each event in each age category separately.
- 13.4. The GLLAM Team Trophy shall be awarded to the club, British or overseas, whose swimmers gain the most points as set out below:
 - 13.4.1. 1st place: individual 3 points, team 6 points
 - 13.4.2. 2nd place: individual 2 points, team 4 points
 - 13.4.3. 3rd place: individual 1 point, team 2 points
 - 13.4.4. Plus, for all swims completed without disqualification, not including 1st, 2nd, and 3rd places: individual 1 point, and team 2 points.
- 13.5. Results will be available from <https://swimming.events/meets/225/results>

14. DISPUTES

- 14.1. Any dispute shall be determined by the OTS London Swimming Committee.

15. SPECTATORS

- 15.1. Spectators are very welcome to GLLAM. In order to assist with the costs of running the event spectators will be asked to make a donation of £5 to Out to Swim (registered charity number 1181454).
- 15.2. Hard copy programmes may be available for a nominal fee of £2.50. However, we reserve the right to make electronic versions available free of charge in replacement for all hard copies.
- 15.3. Flash photography is prohibited at all times. Use of any form of image capturing devices in the changing area is prohibited and may result in exclusion from the event.

Out to Swim very much looks forward to welcoming you to GLLAM 2022.

Outline Programme

All times are estimated and subject to change.

Saturday 10th September 2022						
Session 1						
Start	Length	Event				
08:00	00:15	Withdrawals				
08:15	00:40	Warm Up				
08:55	00:05	Officials to Poolside				
09:00	00:25	101	Mixed	200m	Individual Medley	
09:25	00:25	102	Mixed	50m	Backstroke	
09:50	00:25	103	Mixed	100m	Freestyle	
10:15	00:25	104	Mixed	50m	Breaststroke	
10:40	00:25	105	Mixed	100m	Butterfly	
11:05	00:25	106	Mixed	200m	Freestyle	
11:30	00:15	107	Mixed	4x50m	Freestyle Relay	
11:45		Estimated Session End				
Session Length:		02:50				
Session 2						
Start	Length	Event				
13:00	00:15	Withdrawals				
13:15	00:35	Warm Up				
13:50	00:10	Officials to Poolside				
14:00	00:30	201	Mixed	400m	Freestyle	
14:30	00:25	202	Mixed	50m	Butterfly	
14:55	00:25	203	Mixed	100m	Backstroke	
15:20	00:25	204	Mixed	50m	Freestyle	
15:45	00:25	205	Mixed	100m	Breaststroke	
16:10	00:15	206	Mixed	4x50m	Medley Relay	
16:25	00:25	207	Mixed	4x50m	Novelty Relay	
16:50		Estimated Session End				
Session Length:		03:00				

Qualifying Times

Upper cut-off times allow us to plan the sessions effectively and are included herewith. Times outside the upper cut off may be accepted on a discretionary basis. There is no lower limit on entry times.

The upper cut-off times apply to all age categories and genders. All events will be swum as mixed events and heated by entry time.

Event	Upper cut-off	Lower cut-off
50m Butterfly	02:00:00	None – all welcome
100m Butterfly	04:15:00	None – all welcome
50m Backstroke	02:00:00	None – all welcome
100m Backstroke	04:15:00	None – all welcome
50m Breaststroke	02:15:00	None – all welcome
100m Breaststroke	04:45:00	None – all welcome
50m Freestyle	01:45:00	None – all welcome
100m Freestyle	04:00:00	None – all welcome
200m Freestyle	06:30:00	None – all welcome
400m Freestyle	15:00:00	None – all welcome
200m Individual Medley	08:00:00	None – all welcome